

#This program will count the numbers from 1 – 100 using a
#while loop

#initialize starting variable

```
counter = 0
```

num = 1

#Check the while condition if it is True, then enter the loop.

```
while num <= 100:
```

```
counter = counter + num
```

```
num = num + 1
```

#I am outside the loop

```
print('The sum of the numbers from 1 to 100 is', counter)
```

[illegible]