

Building Opportunities for Leadership & Development

STUDENT CONFERENCE

FRIDAY SEPTEMBER 27, 2024 9:00AM - 2:00PM

MPA, BUILDING 300

### **PROGRAM SCHEDULE**

9:00am - 9:15am CHECK IN (MPA, BUILDING 300)

9:15am - 9:25am WELCOMING REMARKS (MPA, BUILDING 300)

Mary A.Y. Okada, Ed.D., President

Guam Community College

9:25am - 10:05am GENERAL SESSION 1 (MPA, BUILDING 300)

#### NAVIGATING LEADERSHIP CHALLENGES: BUILDING RESILIENCE AND CONFLICT RESOLUTION

Ms. Jenine Damian, LMSW, Counselor, WestCare Pacific Islands

Conflict is unavoidable in any workplace. Learn how to resolve conflicts constructively. By mastering interpersonal skills, leaders can turn conflicts into opportunities for growth and strengthen team relationships.

10:05am - 10:20am BREAK

10:20am - 11:20am CONCURRENT SKILLSSHOPS

#### **LEADING UNDER PRESSURE (MPA, BUILDING 300)**

Ms. Barbara Mafnas, R.N., Assistant Professor, GCC Nursing & Allied Health Department Leaders face stress and pressure daily. Learn stress management strategies to handle crises and high-pressure situations effectively. Developing mental and emotional strength is crucial for overcoming challenges.

#### STRATEGIC PLANNING AND DECISION MAKING (E-105, E-BUILDING)

Ms. Carol Cruz, Assistant Professor, GCC Hospitality & Tourism Department Setting clear, attainable goals is fundamental for staying focused and achieving a leader's purpose. Goals provide direction and help leaders prioritize what truly matters.

#### WORKING SMARTER, NOT HARDER (E-103, E-BUILDING)

Ms. Arwen Franquez, Instructor, GCC Criminal Justice & Social Science Department Leaders often juggle multiple responsibilities, making time management indispensable. Leaders can learn to prioritize tasks, allocate time efficiently, and optimize productivity.

11:20am - 12:30pm LUNCH (MPA, BUILDING 300)

12:30pm - 1:45pm GENERAL SESSION 2 (MPA, BUILDING 300)

#### MASTERING COMMUNICATION: A MUST-HAVE SKILL FOR LEADERS

Ms. Sally Sablan, Career Counselor, GCC Assessment & Counseling Department Ms. Melissa Palomo, Instructor, GCC Education Department

COPSA Officers and BOT Student Member

Effective communication is crucial for any leader. It's more than just talking - it's about sharing ideas, giving directions, and understanding your team. These experiential team activities will help you develop essential leadership skills.

1:45PM - 2:00PM CLOSING REMARKS, EVALUATION, AND GIVEAWAYS

# **UPCOMING EVENTS**





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