



Conference Organizers

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Sally Sablan, Co-Chair

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Assessment & Counseling Department

Adrian Davis

Program Coordinator II

Center for Student Involvement

Tara Pascua

Program Coordinator I

Center for Student Involvement

Troy Lizama

Counselor & COPSA Advisor

Assessment & Counseling Department

Kathryn Maloney

Instructor & COPSA Advisor

Math & Science Department

Carl Torres II

Department Chair & COPSA Advisor

Math & Science Department



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A Leadership Conference for GCC Students

Friday, September 30, 2022

8:30am - 3:30pm

Westin Resort Guam

COPSA
Council On Postsecondary Student Affairs





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PROGRAM SCHEDULE



8:30am - 8:45am

Check-In / Registration and Refreshments

8:45am - 8:55am

Welcoming Remarks

Virginia C. Tudela, Ph.D.

Vice President for Academic Affairs

9:00am - 10:30am

1st Set of SkillsShops

Personal Discovery and Career Exploration

Somnak Ballroom

Are you making the right career decision? Learn how to make sound, informed decisions about your career direction.

Presenter: Mr. Anthony Roberto, Associate Professor/Counselor
GCC Assessment and Counseling Department

Time Flies but You're the Pilot

Unnai Room 1 & 2

Did you know that efficient use of time reduces stress? Gain some valuable time management tips for college students and learn how to do more in less time.

Presenter: Ms. Patricia Terlaje, Associate Professor/Counselor
GCC Assessment and Counseling Department

Tips to Prevent, Manage, and Resolve Conflict

Unnai Room 3

Attend this SkillsShop to learn ways to prevent conflict and to gain valuable problem-solving skills to manage and resolve conflict in a positive way.

Presenters: Ms. Lavina Camacho, Behavioral Health Administrator and
Ms. Beverlyn Coleman, Clinical Program Director
Westcare Pacific Islands

10:30am - 10:45am

Break

10:45am - 12:15pm

2nd Set of SkillsShops

Communication is the Key to Effective Leadership and Teamwork Somnak Ballroom
Join this fun-filled interactive workshop to experience the importance of communication in developing cohesive and effective teams and leaders.

Presenters: Mr. Troy Lizama and Ms. Sally Sablan, Associate Professors/Counselors
GCC Assessment and Counseling Department

Managing Stress: Self-care Strategies

Unnai Room 1 & 2

How do you deal with stress? Attend this SkillsShop to take charge and learn healthy ways to cope with stress, help reduce its harmful effects, and prevent stress from spiraling out of control.

Presenter: Ms. Barbara Mafnas, R.N., Assistant Professor
GCC Nursing and Allied Health Department

Tohge yan Sangan: Stand and Deliver Powerful Presentations Unnai Room 3

Learn how to lead a presentation that will make a lasting impression in the classroom and in the workplace.

Presenter: Ms. Tressa Cundiff, Assistant Professor
GCC English Department

12:15pm

LUNCH

1:30pm - 3:00pm

Student Leadership Activities

Coordinated and led by:
COPSA Officers &
Board of Trustees Student Member

3:00pm - 3:15pm

Distribution and Completion of Surveys

3:15pm - 3:30pm

Closing Remarks & Giveaways



GUAMCOMMUNITYCOLLEGE

GCC MISSION STATEMENT: Guam Community College is a leader in career and technical workforce development, providing the highest quality, student-centered education and job training for Micronesia.