



“The Need to Lead” Student Conference

Holiday Resort Guam

Friday, September 29, 2023

PROGRAM SCHEDULE

8:30am – 8:45am	Check-in / Registration
8:45am – 8:55am	Welcoming Remarks: Dr. Mary A.Y. Okada, President Guam Community College
8:55am - 9:25am	Decolonization: Opportunities for Community Mobilization <i>Why is Guam’s ongoing quest for Self-determination and decolonization important? Students can become leaders in this movement and help mobilize the community on an issue that impacts all those in Guam.</i> Presenters: Mr. Melvin Won Pat-Borja; Executive Director Mr. Nolan Flores; Staff Assistant Ms. Harmony Palaganas; Program Coordinator Commission on Decolonization
9:30am – 10:45am	1st SkillsShop concurrent sessions
Option 1A:	Financing for Your Future <i>Want to buy a car or home someday? Want to take a trip off-island? Plan your financial future and learn more about budgeting, saving, credit, debt, and more.</i> Presenter: Ms. Pilar Pangelinan, Professor, GCC Business Department - Accounting Mr. Marvin Villeza, GCC Student Mr. Charles Olaguir, GCC Student
Option 1B:	Communication is the Key to Effective Leadership and Teamwork <i>Join this fun-filled interactive workshop to experience the importance of communication in developing cohesive and effective teams and leaders.</i> Presenters: Mr. Troy Lizama and Ms. Sally Sablan, Associate Professors/Counselors GCC Assessment and Counseling Department
Option 1C:	Time Flies but You're the Pilot <i>Did you know that efficient use of time reduces stress? Gain some valuable time management tips for college students and learn how to do more in less time.</i> Presenter: Ms. Esther Rios, Program Specialist GCC Reach for College Program

10:45am - 11:00am **Break**

11:00am – 12:15pm **2nd SkillsShop concurrent sessions**

Option 2A: **Tips for Academic Success**

Learn how to study smarter, not longer. This SkillsShop will give you some ideas on what you can do now to achieve success.

Presenter: Ms. Arwen Franquez, Instructor

GCC Criminal Justice and Social Science Department

Option 2B: **Managing Stress: Self-care Strategies**

How do you deal with stress? Attend this SkillsShop to take charge and learn healthy ways to cope with stress, help reduce its harmful effects, and prevent stress from spiraling out of control.

Presenter: Ms. Barbara Mafnas, R.N., Assistant Professor

GCC Nursing and Allied Health Department

Option 2C: **Personal Discovery and Career Exploration**

Are you making the right career decision? Learn how to make sound, informed decisions about your career direction.

Presenter: Ms. Patricia Terlaje, Associate Professor/Counselor

GCC Assessment and Counseling Department

12:15pm – 1:35pm **Lunch**

1:35pm - 1:45pm **Wellness Support for GCC Students**

Presenter: Ms. Beverlyn Coleman, Clinical Program Director

Westcare Pacific Islands

1:45pm - 3:00pm **Student Leadership Activities**

3:00pm - 3:15pm **Evaluation**

3:15pm - 3:30pm **Closing Remarks and Giveaways**