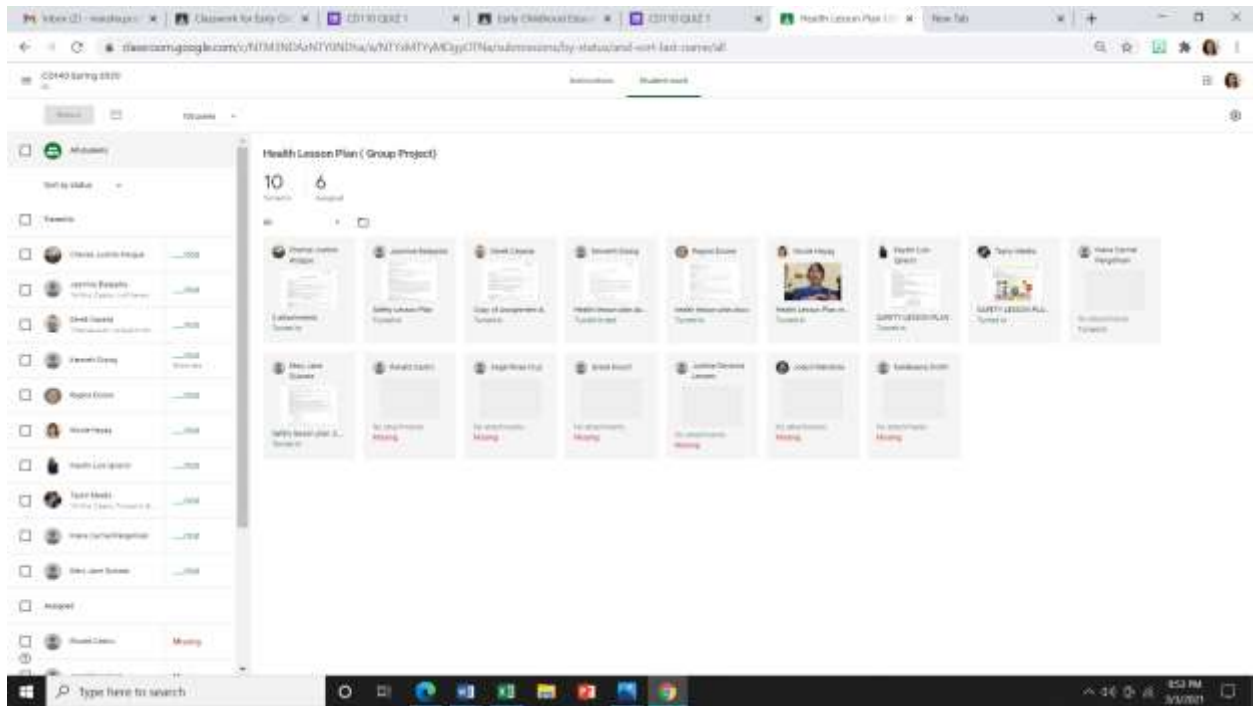


## CD140 SP20

### Health Lesson Plan

10 out of 16 students uploaded assignment in Google Classroom



Artifact: Excellent

### CD140\_Storm Safety\_

<b>Theme:</b> Storm Safety
<b>Age:</b> Kinder
<b>Lesson time:</b> 3 X 45 mins. <b>Day(s):</b> 1 <b>Minutes:</b> less than 30 mins.
<b>Lesson Objectives:</b> To be cautious in a storm or even in light rain.
<b>Story:</b> Safe in a Storm <b>Author/Illustrated:</b> Stephan R. Swinburne & Jennifer A. Bell
<b>Song:</b> Stormy Weather   Kids Song from Super Simple Songs <b>Poem/Rhyme:</b> N/A; couldn't find the lyrics. :(
<b>Fine Motor Activity:</b>  <b>Titles:</b> Lightning Safety <b>Objectives:</b> Using cut outs and models help children make better choices during a lightning storm. <b>Materials:</b> Colored 3x5 cards, safety scissors, scenario skit <b>Procedure(s):</b> Cut out diagrams, monitor activity for safety, when cutouts are complete, go through skits and use them to model better choices during lightning activity.
<b>Brain Break Activity:</b>  <b>Titles:</b> 🌟 Wheels on The Bus - Just Dance Kid 🌟 <b>Objectives:</b> To relax and not overwork themselves. <b>Materials:</b> Youtube, themselves, and they're enthusiasm. <b>Procedure(s):</b> to move around not to strain themselves when they
<b>Gross Motor Activity:</b>

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<b>Titles:</b> Do Not Panic <b>Objectives:</b> Children will be given opportunities to respond in storm related incidents. They will learn to make better choices and respond to storm incidents. <b>Materials:</b> Cones, Chairs, Tables, Old Tshirts, and a rope. <b>Procedure(s):</b> Set up in door obstacles, explain activity and demonstrate correct responses to storm related dangers, teach avoidance first, then response to different scenarios. Practice activities. Throw-Climb over-Falling, Survival Aid
<b>Resources:</b> Youtube, Book, Internet