# Congratulations, you've completed the game!

You have shown a strong ability to use your communication and assessment skills to address Irina's needs. Review your feedback below.



Here is you summary report with an assessment of your first response in the form of Correct, Correctable or Incorrect response. Beside the response is links to the suggested module readings related to the topic. Below your first response is your subsequent responses, if you click on them you will also receive information and links to the module readings related to the topic.

If you replay the game, make sure you save this report before playing a new game, as the results will be reset each time.

# Your Summary Report

Scenario 1: How do you introduce yourself to the client?



#### Attempt 1: Refer to arranged appointment - Correct Response

You have introduced yourself and provided the client with information about your role. This is appropriate for the Orientation Phase of the therapeutic nurse-client relationship, as you are meeting Irina for the first time.

Additional reading:

• Module 1: Three Phases of the Therapeutic Relationship

Scenario 2: Where do you choose to sit?



#### Attempt 1: Offer to sit down at the table - Correct Response

You need to ensure your personal safety when visiting a client at home, particularly when you suspect the presence of another person (as suggested here by the work boots in the hall). The table provides you with an accessible route to the exit, should you need it.

#### Additional reading:

• Module 3: Communication strategies when screening for abuse

# Scenario 3: How do you respond to an unexpected person?



#### Attempt 1: Introduce yourself and move to the exit - Correct Response

Your personal safety is important in a threatening situation. If you leave, you will be able to get help for Irina as well as maintain your own safety.

#### Additional reading:

• Module 3: Communication strategies when screening for abuse

## Scenario 4: You noticed bruises, how do you bring this up with the client?



#### Attempt 1: Ask about the bruises - Correct Response

The nurse's role includes asking questions when abuse is suspected. An open-ended question encourages the client to share her story, while asking for permission to examine the bruises conveys respect for the client.

#### Additional reading:

- Module 1: Strategies to support therapeutic communication
- Module 3: Nursing Role in Assessing an Adult for Abuse

# Scenario 5: Do you accept a cup of tea?



#### **Attempt 1: No - Correct Response**

As you are still in the orientation phase of the relationship, it is better to fully assess the situation before accepting tea from Irina. At a later point you may accept a cup of tea from her or you may offer to make the tea with Irina. Sharing a cup of tea has the potential to build the therapeutic relationship but it is not the best action at this time.

#### Additional reading:

• Module 1, Three Phases of the Therapeutic Relationship

# Scenario 6: How can you support Irina now?



## Attempt 1: Inform Irina of her rights and offer to help - Correct Response

Acknowledging the abuse and offering assistance opens up the possibility of working with the client to address the situation in a way that makes her feel comfortable.

#### Additional reading:

• Module 3: Nursing Role in Assessing an Adult for Abuse

## Scenario 7: Which response will help with your assessment of Irina?



#### Attempt 1: Ask about Joseph and listen - Correct Response

Beginning with an open-ended question and listening to the client fosters development of a therapeutic nurse-client relationship and facilitates assessment of a domestic violence situation.

Additional reading:

- Module 1: Strategies to support therapeutic communication
- Module 3: Communication Strategies for Screening for Abuse

## Scenario 8: What do you say to Irina now?



#### Attempt 1: "What would you want your life to be like?" - Correct Response

You have asked an open-ended question that will help you determine Irina's goals for herself and how you can support those goals.

Additional reading:

- Module 1: Strategies to support therapeutic communication, Three phases of the Therapeutic relationship
- Module 3: Nursing Role in Assessing an Adult for Abuse

# Scenario 9: How do you respond to Irina's disclosure?



## **Attempt 1: Inquire about mood - Correct Response**

You have identified that Irina may be at risk for depression and that you need to further assess her mood and mental status.

Additional reading:

• Module 2, Completing a mental status assessment, Depression

# Scenario 10: How should you respond to gather further data?



#### **Attempt 1: Summarize and validate - Correct Response**

Summarizing and validating show Irina that you are listening empathetically, and thus contribute to building trust. This helps Irina to feel comfortable disclosing more information. Asking about how long Irina has been experiencing symptoms is an important part of assessing for depression.

Additional reading:

- Module 1: Strategies to Support Therapeutic Communication
- Module 2: Depression

# Scenario 11: Which response would be your priority?



#### Attempt 1: Assess suicide risk - Correct Response

Given that Irina may be depressed, it is important to determine if she is at risk for suicide.

Additional reading:

• Module 2: Depression, Suicide Risk Assessment

## Scenario 12: How do you proceed with this conversation?



#### Attempt 1: Ask if Irina has a plan to hurt herself - Correct Response

Asking if Irina has a plan to hurt herself is an important part of assessment for risk of suicide. In this case, knowing that her child depends on her serves as a protective factor for Irina.

#### Additional reading:

Module 2: Suicide Risk Assessment

# Scenario 13: How do you bring your visit to an end?



#### Attempt 1: Book another appointment to explore resources - Correct Response

In two days you will meet with Irina again to discuss community resources. Irina will need continuing support, so offering to meet again conveys commitment to working with her, and helps to build trust. For personal safety, it would be appropriate to meet at a local coffee shop.

#### Additional reading:

• Module 1: Three Phases of the Therapeutic Relationship