

Skill 7-9

PERFORMING OPEN STERILE GLOVING

	S	U	Comments
1. Have package of properly sized sterile gloves at treatment area.	<input type="checkbox"/>	<input type="checkbox"/>	_____
2. Perform thorough hand hygiene.	<input type="checkbox"/>	<input type="checkbox"/>	_____
3. Remove outer glove package wrapper by carefully separating and peeling apart sides.	<input type="checkbox"/>	<input type="checkbox"/>	_____
4. Grasping inner side of package, lay package on clean, flat surface just above waist level. Open package, keeping gloves on wrapper's inside surface.	<input type="checkbox"/>	<input type="checkbox"/>	_____
5. Identify right and left gloves. Each glove has a cuff approximately 2 inches (5 cm) deep.	<input type="checkbox"/>	<input type="checkbox"/>	_____
6. Glove dominant hand first. With thumb and first two fingers of nondominant hand, grasp edge of cuff of glove for dominant hand. Touch only glove's inside surface.	<input type="checkbox"/>	<input type="checkbox"/>	_____
7. Carefully pull glove over dominant hand, leaving cuff; be sure cuff does not roll up wrist. Be sure thumb and fingers are in proper spaces.	<input type="checkbox"/>	<input type="checkbox"/>	_____
8. With gloved dominant hand, slip fingers underneath second glove's cuff in such fashion that the cuff will protect the gloved fingers.	<input type="checkbox"/>	<input type="checkbox"/>	_____
9. Carefully pull second glove over nondominant hand. Do not allow fingers and thumb of gloved dominant hand to touch any part of exposed nondominant hand. Keep thumb of dominant hand abducted back.	<input type="checkbox"/>	<input type="checkbox"/>	_____
10. After second glove is on, interlock hands. Be sure to touch only sterile sides. The cuffs usually fall down after application.	<input type="checkbox"/>	<input type="checkbox"/>	_____

	S	U	Comments
Glove Removal and Disposal			
11. Grasp outside of one cuff with other gloved hand; avoid touching wrist.	<input type="checkbox"/>	<input type="checkbox"/>	_____
12. Pull glove off, turning it inside out. Discard in receptacle.	<input type="checkbox"/>	<input type="checkbox"/>	_____
13. Take fingers of bare hand and tuck inside remaining glove cuff. Peel glove off, inside out. Discard in receptacle.	<input type="checkbox"/>	<input type="checkbox"/>	_____