Manicure and Polish Application
PRACTICAL EXAMINATION
20 MINUTES

STUDENTS:							
Manicure and polish supplies are labeled in English	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO
Implements and supplies are visibly clean	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO
Sanitizes hand to be manicured with product labeled in English	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO
Shapes free edges to establish uniform length and shape	□ YES □ NO	□ YES □ NO	□ YES □ NO	□YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO
Immerses all fingernails in bowl of water	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO
Applies cuticle remover	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO
Pushes back cuticles	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO
Cleans under free edge	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO
Brushed or wipes nails to remove product or remaining debris	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO
Buffs nails	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO
Applies cuticle oil	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO
Applies massage product	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO	□ YES □ NO

Performs massage on the fingers, top and palm of the hand demonstrating at LEAST 2 different types of massage movements	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO
Cleanse each nail plate with appropriate solution	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO
Applies basecoat to cover entire nail plate	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO
Applies red polish to cover entire nail plate	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO
Applies topcoat to cover entire nail plate	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO
Final appearance of polish is smooth and even	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO
Nail plate is entirely covered with red polish	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO
Cuticle and surrounding skin are free of polish and free of injury	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO
Items to be disinfected, soiled linens, and trash are disposed of in a correct manner throughout section	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO	☐ YES ☐ NO